

Iceland holidays

Riding and horse massage



Together with Merle Storm who is Zepo osteopathy/physiotherapist and Cranio Sacral Therapist, we did thought about a new programm for you. We will not just invite you to come to our farm, go riding and sightseeing with us, we will also offer you the opportunity to learn more about horse massages. So you can use this method for example to help your own horse or just to learn more about this interesting theme.

Our programm for you:

Day 1

We meet at the farm or we will pick you up at the Bus station in Sauðárkrókur around 14oclock. After having coffe/lunch together at the farm we will do a first small ride befor we having dinner together and talk about the next days.

Day 2

After breakfast Merle will be with us to explain to us the Cranio Sacrale Therapy and shows us how to do a horse massage which we will try with some horses then as well. After this interesting start in the day we will go to the Grettislaug a natural hot pot after lunch break and enjoying the time there. In the evening we will have dinner together.

Day 3

This morning we will start with a ca 2hour ride after breakfast. We going to nice landscape around our farm. After having lunch at the farm we will drive to Hólar. There we will look at all the nice university facilities, the big riding stables and the beautiful church. If the we are lucky the horse museum will also be open so of course then we will visit there as well. At home again we will have dinner together.

Day 4

Today we start again with Merle after breakfast. We will learn more about the massages and how to use it for example to release tension in the body of the horse. After lunch we will go to Glaumbær a beautiful torf house museum and then to the little waterfall Reykjafoss close to Sauðárkrókur. In the evening we having dinner again together.

Day 5

Today is our last day and we will ride to the black beach after breakfast. We will have a ca 2hour

ride and enjoy the landscape there. After lunch we driving to Hofsós and going in the beautiful swimmingpool there. Together we enjoy the last evening with dinner at Helluland then.

Day 6

After breakfast we have to say goodbye and can bring you also again to the bus in Sauðárkrókur.



Information:

Accommodation in 2-4 bed rooms.

The participants of this tour do not need to be comfortable in all gaits of the horse. If you are less expiered we can split the tours up so also the more expiered riders will still have fun at the rides. Just make sure that you let us know about this.

Price in total: 1200€ (all inclusive beside traveling to/from our farm)

For more information or if you like to book please write us a mail at info@icelandhorsetours.com or call us (00354)8478577p We are looking forward to hear from you!

Luka&Andrés&Merle

PS: In case of bad weather we reserve our rights to change the riding tour. In doing so we will take care to act in terms of our participants and animals

